Amendments to the Specification

Please replace the title of the application with the following:

--A SPHERICAL BEARING ARRANGEMENT AND METHODS--

On page 1 immediately following the title, please insert the following paragraph:

--This is the U.S. National Stage of International Application No. PCT/GB2004/001295, filed March 25, 2004, which in turn claims the benefit of Great Britain Patent Application No. GB 0307425.9, filed March 31, 2003.--

Please insert the Abstract, submitted herewith on a separate page, as page 7 at the end of the application.